

# Search

**Brainwave helping Families**



Brainwave works with families to deliver individual home based therapy and exercise Programmes that help children with Autism, disabilities and Development Delay achieve their potential. The individual Programme can then be carried out at home with the ongoing support of the Brainwave team. Brainwave complements rather than replaces the services offered by statutory authorities.



## Brainwave

2012 promises to be an exciting year for Brainwave. We're celebrating our 30<sup>th</sup> birthday, and lots of fun activities have been planned. There's a big Brainwave balloon race, a 30<sup>th</sup> Anniversary dinner and a Brainwave Cupcake Day. There will also be celebration open days at each of our three Centres (Birchwood, Bridgwater and Witham). Katy Ashworth, presenter on CBeebies, will be opening our Celebration Day at the South West Centre. You're welcome to join us if you can.

We hope you enjoy this edition of the Family Facilitator's Newsletter. We've renamed it 'Search' to reflect what we are trying to do - search for information and ideas which may help you. Please continue to share ideas with us too, which we can then include in future editions.

Thank you and happy reading!

*Ceri, Joanna and Sally.*

Brainwave Family Facilitators.



HelpKidzLearn is a web site full of free software and resources from Inclusive Technology. There are great games for switching and also for numeracy.

[www.helpkidzlearn.co.uk](http://www.helpkidzlearn.co.uk)

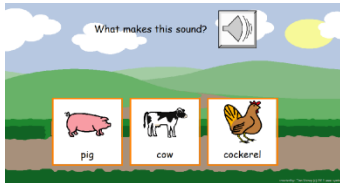


## Ability World

Communication aids, access products, therapy resources, training and other assistive technology products for people with disabilities. [www.ability-world.com](http://www.ability-world.com)  
Tel- 0845 4747245

## Symbols [www.symbolresources.com](http://www.symbolresources.com)

A web site dedicated to helping carers, parents, speech and language therapists and



anyone else interested in using and creating symbol based materials

to support the language and learning development of children and young people with Special Educational Needs.

A FREE library of Touch to See books bringing



Living Paintings

to life the visual world for blind and partially sighted people. Raised versions of pictures that come to life when fingers feel them. Audio descriptions tell the pictures' stories while directing the fingertips across the raised image, describing what is being touched, felt and 'seen.' Thousands of books and packs are available to blind and partially sighted children. The Library delivers via the post to members across Britain and Ireland.

Tel- 01635 299 771 [www.livingpaintings.org](http://www.livingpaintings.org).



## The Makaton Charity

Makaton has a family advisory service. This confidential service is provided free of charge, to support families who use or are thinking about using Makaton.

[family@makaton.org](mailto:family@makaton.org) Tel- 01276 606778.

## SPEECH BUBBLE



If you need help with spoken communication because of a disability, this website can give you an idea of what's on offer, with details of nearly every communication aid available in the UK. [www.speechbubble.org.uk](http://www.speechbubble.org.uk)

### OLYMPICS



### Road Closures

If you are planning a hospital visit or a trip to London during the school summer break be aware of road and station closures in London.

<http://www.tfl.gov.uk/gettingaround/london/2012/21787.aspx>

Also look at the other venues across the UK that are affected, as 2012 is not just in London.

<http://www.london2012.com/map.php>



Special direct have a good selection of vibrating toys but may not be the cheapest. They sell the very popular Elephant and Croc jigglers.

[www.specialdirect.com](http://www.specialdirect.com)



# TALKTOOLS®

DISCOVER THE FEEL OF FEEDING AND SPEECH



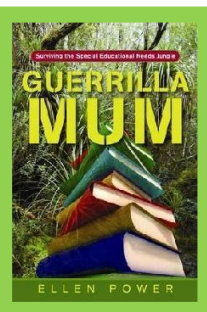
Talk tools sell all sorts of oral motor and placement tools, feeding and speech equipment. One of our **Brainwave** Mums highly recommended the z-vibe pen. You can get all kinds of bits to fix on the ends to chew including flavours and it vibrates. Talk Tools also sell jiggers.

Tel- 1(888)529-2879

[info@talktools.com](mailto:info@talktools.com)

[customercare@talktools.com](mailto:customercare@talktools.com)

## Book recommendation



'Guerrilla Mum' by Ellen Power.

This book offers clear guidance on how authorities such as Local Education Authorities, schools, the National Health Service and the Government function, what the law entitles your child to, and how you can fight most

effectively for the education they need. Basing the book on her own experience of bringing up two sons with special educational needs, Ellen Power describes how she worked with - and in some cases challenged - the authorities to get the right education for her children. Further sections look at how to address issues such as transition between schools, and bullying.



Novelist Kathy Lette draws on her personal experience of Asperger's for her heartwarming and hilarious new novel. Told with Kathy Lette's razor-sharp wit, this is a funny, quirky and tender story of a mother's love for her son - and of a love affair that

has no chance of running smoothly.



Design and

manufacture equipment for children and young people with special needs. Products assist those from 8 months to 18 years old in the areas of seating, standing, toileting, bathing, changing and showering. They also have ranges dedicated to therapy and sensory integration.

[www.smirthwaite.co.uk](http://www.smirthwaite.co.uk)



[www.spacekraft.co.uk/shops](http://www.spacekraft.co.uk/shops) SpaceKraft was primarily established to develop and manufacture a full range of sensory products that provide genuine solutions for carers and parents who face the difficult challenges of people with special needs.

**Total Sensory** is a UK manufacturer & supplier of sensory equipment for sensory rooms & soft play areas.

[www.totalsensory.co.uk](http://www.totalsensory.co.uk)



A Brainwave Mums advise - 'Be aware that the companies may charge postage and include their catalogues which are often weighty. It might be advisable to state these are unwanted when ordering.'

HOMEDICS®



[www.homedics.co.uk/uk/produkte/massage/handheld](http://www.homedics.co.uk/uk/produkte/massage/handheld)





Brolly Sheets are an easy-to-use waterproof mattress protector designed to get you back to sleep

quickly, with little fuss after a night time accident. They come in five bright colours (including white) and are designed to fit over the bottom sheet making them easy to change without having to pull off all the bedding. Available in a range of sizes, they have a 100% cotton top, are machine washable and can be tumble dried.

**STEP 1. YOU SAVE.** Just go online and enter the code BRAINWAVE under coupons and click on 'apply' to save 5% of the cost of your order until 31<sup>st</sup> March 2013.

**STEP 2. WE SAVE.** Enter code BRAINWAVE under 'Fundraiser' and click on 'Apply fundraiser' for Brainwave to collect 20%.

**Brolly Sheets Fundraiser**

We earn **20%**, you save **5%**, it's a **win-win!**

Coupon code: **BRAINWAVE**

Step 1. Enter code online under coupons and click on 'apply' coupon to claim your 5% discount.

Step 2. Enter code online under fundraiser and click on 'apply fundraiser' for us to collect 20%.

Quote this code for phone orders.

Order by: 31/03/2013

**Comfort**  
 ✓ Unique 100% cotton top  
 + soft breathable waterproof back

**Speed**  
 ✓ Easy on + easy off with tuck-in wings

**Value**  
 ✓ Re-usable + superior quality

Save on all Brolly Sheets products:  
 ▶ Woolly Cot Protectors ▶ Training Pants ▶ Sheets & Duvet Covers ▶ Mattress & Pillow Protectors ▶ Chair Pads

**Brolly Sheets kids**

Order online at [www.BrollySheets.co.uk](http://www.BrollySheets.co.uk) or ☎ 0800 917 5204



**The Yard** Scotland Yard Adventure Centre. Adventure play for children and young

people with additional support needs. A purpose built indoor and outdoor play facility and adventure playground for children and young people with additional support needs.

[www.theyardscotland.org.uk](http://www.theyardscotland.org.uk)  
[info@theyardscotland.org.uk](mailto:info@theyardscotland.org.uk)



Young people with a disability, including Autism can learn to drive at sixteen years of age, instead of the usual seventeen years of age.

Debi Platt is an instructor in the Manchester area. Tel- 07798 842204 email: [debi@ddaware.co.uk](mailto:debi@ddaware.co.uk)



Affordable speech and language resources for children

Mother and daughter have created the following resources in Speech and Language. They have collaborated together and have created a range of 65 Speech and Language games that can be seen at [www.gilligangames.co.uk](http://www.gilligangames.co.uk) You will find resources for Autism, ADHD, phonics and articulation, Early Language Development, Word Finding, and Expressive Language Skills



Special Scotland help parents who have children with Autism.



Provide **Grants** to aid training needs, equipment purchases as well as tailor designed support.



**Intervention Introductions** to give families a taster of the therapies available.



Free **Parent Afternoons** held in various locations to introduce parents to Special Scotland and build friendships.



Free to use **Online Library** covering Autism & Aspergers from dietary advice to play advice.

[www.specialscotland.org](http://www.specialscotland.org)





iApp Information tried and tested by Alexandra and kindly provided by Susan Fairchild .



Thank you!



**Conversation Builder** by mobile education store encourages thinking about response. The child can record their voice and then play the conversation back. (£2.49).



**iSentence** - Sentence Builder.

**iQuestion**- Question Builder. (£2.49)

**Story Builder** (£3.99)

**Casey's Contraptions** (£1.99) Provides several ways of solving the problem so children don't get so fixated.



**Analogies 4 kids** (69p) Helps cognitive skills.

**Star Walk** (£2.99) Gives an interactive astronomy guide.

Map of the world - cities lit up at night as well as co-ordinates of your home

**Spelling apps:**

**iWriteWords** by gdplus ( free iapp) - 'My daughter learnt how much pressure to put on the screen in order to trace letter and numbers. It's a fun app as the letters and numbers make a noise.'



**Free iApps** [www.Kindergarden.com](http://www.Kindergarden.com) or [www.nclconcepts.com](http://www.nclconcepts.com) Encourages the child to focus and spot the odd one out.

**Stories2Learn** (£9.99) - Helps social story writing.

**Draw free** (free iapp)- Kids and adults.



(£1.49) Great as children can select to draw with chalk,

crayons, paint, pencils.

<http://itunes.apple.com/us/app/draw-free-for-ipad/id366755447?mt=8>

## Music iApps



**ixylophone music app** -Play along to songs and adjust tempo.

**Virtuoso piano iapp**- Keyboard- Very good and useful in teaching how to play the piano.



**Dexteria** Brilliant and a must - great for hand eye co-ordination  
[itunes.apple.com/us/app/dexteria-a-fine-motor-skill/id420464455?mt=8](http://itunes.apple.com/us/app/dexteria-a-fine-motor-skill/id420464455?mt=8)

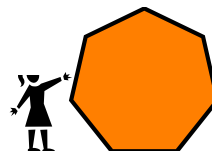
**LetterReflex** -Helps children



overcome problems with letter reversal. Great for helping children distinguish between left and right.



<http://itunes.apple.com/us/app/letterreflex-overcoming-letter/id485920074?mt=8>



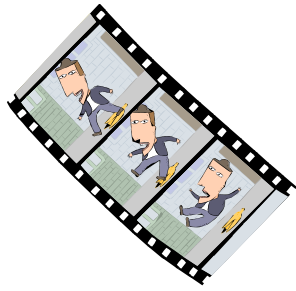
**Tic-Toc-Tiles** Fine motor skills training - 'Alexandra did brilliantly well - I was surprised that she was able to stay focused for so long.' Tic-Toc-Tiles (known previously as Equimano) allow players to develop skills for their left and right hands. Players drag unique geometric tiles into fitting slots using their left and right hands, alternatively. [itunes.apple.com/us/app/tic-toc-tiles/id459213808?mt=8](http://itunes.apple.com/us/app/tic-toc-tiles/id459213808?mt=8)  
[www.iautism.info/en/2012/01/26/review-tic-toc-tiles/](http://www.iautism.info/en/2012/01/26/review-tic-toc-tiles/)

**Kinectimals** Fantastic - great fun and engaging - improves hand eye tracking and great for memory too.



[itunes.apple.com/us/app/kinectimals/id482365195?mt=8](http://itunes.apple.com/us/app/kinectimals/id482365195?mt=8)





## Mum Knows Best Tips from Brainwave Mums



### Autism Friendly Cinema

The Odeon are now offering special screenings enabling children with Autism to attend a cinema.

#### What makes the screenings autism friendly?

- The lights will be on low.
- The volume will be turned down.
- There will be no trailers at the beginning of the film.
- You'll be able to take your own food and drinks.
- You'll be able to move around the cinema if you like.

### Comment from a Brainwave mum;

*'My son has been to the cinema a couple of times in the past few years but never enjoyed it. So we had given up trying! When I took him to our local Odeon cinema, for a special screening, he managed to sit through the entire session.'*

To find your local screening go to;

<http://www.dimensions-uk.org/autismfilm/>

or call- ODEON's Accessibility Helpline  
Tel-0800 138 3315.



**Special Effect** is a charity dedicated to helping ALL

young people with disabilities to enjoy computer games. They work with children and adults with a wide range of disabilities to help them access fun through technology using a wide range of software and hardware from iPads to eye-gaze. Equipment and games can be loaned, free of charge and home support available.

<http://www.specialeffect.org.uk>

Author Hannah Ensor, noticed how few children's books treat disability as completely normal, so she thought she would try and redress the balance a little. She has recently published two children's books. These are: 'Welly Walks' and 'Biscuit Baking' - lively, colourful kids books with disabled and able-bodied children having fun together. Not stories about disability, but stories about life and happy things, which just happen to show able bodied and disabled people as equals. Both books raise money for 'Whizz-Kidz'.

Hannah also sells communication cards and other products.

[www.stickmancommunications.co.uk](http://www.stickmancommunications.co.uk)

1000s of **fantastic audio books** are available MP3 **CDs, internet streaming and downloads!**



Available to anyone who struggles to read in the usual way due to an illness, disability or learning difficulty. There is a small annual fee but Listening-books help families who struggle financially. There are also some areas in the UK that have funding for free membership on a first come first serve basis.

Tel- 020 7407 9417

[info@listening-books.org.uk](mailto:info@listening-books.org.uk) [www.listening-books.org.uk](http://www.listening-books.org.uk)



This organisation covers all of mainland UK, providing friendly, professional advice on educational products, including sensory toys. The aim of the organisation is 'cutting cost, not quality' therefore helping budgets to stretch further.

[info@costcuttersuk.com](mailto:info@costcuttersuk.com)

Tel- 01543 495070

*Many thanks to Melissa Sheard for her constant supply of fantastic information*



**BRAINWAVE Quick Reference Information Sheet for Parents/Carers**



<b>Sensory+Toys</b>	
Aroma Dough	<a href="http://www.aromadough.co.za">www.aromadough.co.za</a>
Switch Games	<a href="http://www.oneswitch.org.uk/2/switch-downloads.htm">www.oneswitch.org.uk/2/switch-downloads.htm</a> <a href="http://www.oneswitch.org.uk/3art.htm">www.oneswitch.org.uk/3art.htm</a>
Educational Toys	<a href="http://www.acorneducational.co.uk">www.acorneducational.co.uk</a> Tel- 01536 747485
Chewy tubes for children who like to chew things	<a href="http://www.kapitex.com">www.kapitex.com</a> Tel- 01937 580211
UK Manufacturer of sensory equipment	<a href="http://www.totalsensory.co.uk">www.totalsensory.co.uk</a>
Equipment to assist with motor development	<a href="http://www.senseabilities.com.au">www.senseabilities.com.au</a>
<b>Health and equipment</b>	
Ableize disability, mobility and health related resources	<a href="http://www.ableize.com">www.ableize.com</a>
Brolly Sheets. Easy-to-use waterproof mattress protector	<a href="http://www.brollysheets.co.uk/">www.brollysheets.co.uk/</a> Tel- 0800 9175204
Snap Charity -All sorts of information regarding equipment, holidays, clubs etc	<a href="http://www.snapcharity.org/directory">http://www.snapcharity.org/directory</a>
Cheap Disability Aids	<a href="http://www.cheapdisabilityaids.co.uk">www.cheapdisabilityaids.co.uk</a>
Ex Demo Wheelchairs	<a href="http://www.rgklife.com">www.rgklife.com</a> Tel- 01543 670077
Consultant Search	<a href="http://www.drfoosterhealth.co.uk/consultant-guide">www.drfoosterhealth.co.uk/consultant-guide</a>
Mobility Specialists - <b>Glasgow</b>	<a href="http://www.mobilityshopsglasgow.co.uk">www.mobilityshopsglasgow.co.uk</a>
Special clothing - <b>Scotland</b>	<a href="http://www.able2wear.com">www.able2wear.com</a>
Eczema clothing	<a href="http://www.eczemaclighting.com">www.eczemaclighting.com</a> Tel - 01772 331815
Made to measure clothing	<a href="http://www.able2wear.co.uk">www.able2wear.co.uk</a> Tel- 0141 774 8000
Clothing	<a href="http://www.seenin.com">www.seenin.com</a> Tel- 01434 634457
Non Toxic Paint	<a href="http://www.naturepaint.com">www.naturepaint.com</a> Tel- 01736 759718
Clothing	<a href="http://www.racketys.com">www.racketys.com</a> Tel- 01538 381430
Nightwear & vests	<a href="http://www.revolution-underwear.com">www.revolution-underwear.com</a> Tel- 0116 2775316
Swimming nappies	<a href="http://www.drylife.co.uk">www.drylife.co.uk</a> Tel- 0121 200 3336
Bibs	<a href="http://www.incywincy.net/atcatalog">www.incywincy.net/atcatalog</a> Tel- 0118 3773 581
Bandana	<a href="http://www.babykind.co.uk">www.babykind.co.uk</a> Tel- 0845 094 2275
Swimwear/underwear	<a href="http://www.ostomartstore.co.uk">www.ostomartstore.co.uk</a>
<b>Education</b>	
Speech and Language	<a href="http://www.ican.org.uk">www.ican.org.uk</a>
Home Education	<a href="http://www.ahomeeducation.co.uk">www.ahomeeducation.co.uk</a>
Phonics	<a href="http://progressivephonics.com">http://progressivephonics.com</a>
Books for the blind	<a href="http://www.clearvisionproject.org">www.clearvisionproject.org</a>
Autism friendly Cinema screenings	<a href="http://www.dimensions-uk.org/autismfilm/">http://www.dimensions-uk.org/autismfilm/</a>



Education Continued	
Gillian Games. Resources for children with Autism	<a href="http://www.gilligangames.co.uk">www.gilligangames.co.uk</a>
Story books including children with disabilities	<a href="http://www.stickmancommunications.co.uk">www.stickmancommunications.co.uk</a>
iApps	
Concentration-Free	<a href="http://www.nclconcepts.com">www.nclconcepts.com</a>
	<a href="http://www.Kindergarden.com">www.Kindergarden.com</a>
Drawing-Free	<a href="http://itunes.apple.com/us/app/draw-free-for-ipad/id366755447?mt=8">itunes.apple.com/us/app/draw-free-for-ipad/id366755447?mt=8</a>
Hand eye and memory	<a href="http://itunes.apple.com/us/app/kinectimals/id482365195?mt=8">itunes.apple.com/us/app/kinectimals/id482365195?mt=8</a>
Hand eye coordination	<a href="http://itunes.apple.com/us/app/tic-toc-tiles/id459213808?mt=8">itunes.apple.com/us/app/tic-toc-tiles/id459213808?mt=8</a> <a href="http://www.iautism.info/en/2012/01/26/review-tic-toc-tiles/">www.iautism.info/en/2012/01/26/review-tic-toc-tiles/</a>
Left and right	<a href="http://itunes.apple.com/us/app/letterreflex-overcoming-letter/id485920074?mt=8">itunes.apple.com/us/app/letterreflex-overcoming-letter/id485920074?mt=8</a>
Helping all children access c technology.	<a href="http://www.specialeffects.org.uk">www.specialeffects.org.uk</a>
Spellings	<a href="http://www.itunes.apple.com/us/app/iwritewords-handwriting-game/id307025309?mt=8">www.itunes.apple.com/us/app/iwritewords-handwriting-game/id307025309?mt=8</a>
Telling the Time	<a href="http://itunes.apple.com/us/app/mathtappers-clockmaster-math/id336932114?mt=8">http://itunes.apple.com/us/app/mathtappers-clockmaster-math/id336932114?mt=8</a>
Counting games	<a href="http://itunes.apple.com/us/app/sam-phantibian/id431679978?mt=8">http://itunes.apple.com/us/app/sam-phantibian/id431679978?mt=8</a>
Information sites	
Disabilities Information Information to empower parents	<a href="http://www.childrensdisabilitiesinfo">www.childrensdisabilitiesinfo</a>
Martins Money Tips All sorts of information to help you save money	<a href="http://www.moneytips@moneysavingexpert.com">www.moneytips@moneysavingexpert.com</a>
National site for mums to share information.	<a href="http://www.netmums.com">www.netmums.com</a>
National Autistic Society	<a href="http://www.autism.org.uk/living-with-autism/parents-relatives-and-carers.aspx">www.autism.org.uk/living-with-autism/parents-relatives-and-carers.aspx</a>
Special <b>Scotland</b> Support and advice for children with Autism	<a href="http://www.specialscotland.org">www.specialscotland.org</a>
My Child & Me Magazine for Parents who have a child with special needs	<a href="http://www.mychildandmemagazine.co.uk">www.mychildandmemagazine.co.uk</a>
STEPS - national charity supporting children with lower limb/hip conditions	<a href="http://www.steps-charity.org.uk">www.steps-charity.org.uk</a>
Provides information for disabled people	<a href="http://www.liverpoolifehouse.org">www.liverpoolifehouse.org</a>
Contact a Family	<a href="http://www.cafamily.org.uk">www.cafamily.org.uk</a>
Contact a Family <b>Wales</b>	<a href="http://www.cafamily.org.uk/inyourarea/wales">www.cafamily.org.uk/inyourarea/wales</a>
Contact a Family <b>Scotland</b>	<a href="http://www.cafamily.org.uk/inyourarea/scotland/index.html">www.cafamily.org.uk/inyourarea/scotland/index.html</a>
Contact a Family <b>Northern Ireland</b>	<a href="http://www.cafamily.org.uk/inyourarea/nireland/index.html">www.cafamily.org.uk/inyourarea/nireland/index.html</a>





Information sites continued	
Citizens Information Board - <b>Ireland</b>	<a href="http://www.assistireland.ie">www.assistireland.ie</a>
Enable <b>Ireland</b>	<a href="http://www.enableireland.ie">www.enableireland.ie</a>
Down Syndrome <b>Ireland</b>	<a href="http://www.downsyndrome.ie">www.downsyndrome.ie</a> Tel- 01 4266500
C-SAW - <b>Wales</b>	<a href="http://www.c-saw.co.uk">www.c-saw.co.uk</a>
A website to update family/friends on progress of a child with significant difficulties	<a href="http://www.caringbridge.org">www.caringbridge.org</a>
Moebius Syndrome information website	<a href="http://www.moebiussyndrome.com">www.moebiussyndrome.com</a>
National disability directory for activities and services in your area	<a href="http://www.dotcommunity.co.uk">http://www.dotcommunity.co.uk</a>
'Jacob's Unique Memory Pot' (J-U-M-P) Personalized photography for children with life limiting conditions in the NW of England	<a href="http://www.j-u-m-p.org/index.php">http://www.j-u-m-p.org/index.php</a>
<b>Parent Support</b>	
Parents forum	<a href="http://www.parentsofdisabledchildren.co.uk">www.parentsofdisabledchildren.co.uk</a>
Monthly support group in Perth, <b>Scotland</b> for parents of children with Autism	<a href="mailto:ann@lorntyglen.org.uk">ann@lorntyglen.org.uk</a> .
Improving opportunities for people with disabilities in <b>Scotland</b>	<a href="http://www.enable.org.uk">www.enable.org.uk</a>
Online Autism & Aspergers group <b>Scotland</b>	<a href="http://www.perthshireautismconnections.ning.com">www.perthshireautismconnections.ning.com</a>
Parents Network support	<a href="http://www.netbuddy.org.uk">www.netbuddy.org.uk</a>
Online Autism & Aspergers support group in Essex	<a href="http://www.pactharlow.org.uk">http://www.pactharlow.org.uk</a>
<b>Sport</b>	
Sledge Hockey	<a href="mailto:matt@sledgehockey.co.uk">matt@sledgehockey.co.uk</a>
Basketball	<a href="http://www.burybombers.org.uk">www.burybombers.org.uk</a>
Riding for the Disabled - <b>Ireland</b>	<a href="http://www.rdai.org">www.rdai.org</a>
After school sports club in Buckinghamshire	<a href="http://www.horizonsc.org.uk">www.horizonsc.org.uk</a> Tel- 01844 345432
<b>Awareness</b>	
Aware It Well Jewellery	<a href="http://www.facebook.com/awareitwell">www.facebook.com/awareitwell</a>
<b>Practical Help</b>	
Helping Hands DIY Help	<a href="http://www.wellchild.org.uk/WhatWeDo-HelpingHands.asp">http://www.wellchild.org.uk/WhatWeDo-HelpingHands.asp</a> <a href="mailto:ands@wellchild.org.uk">ands@wellchild.org.uk</a>
Well Child nursing assistance	<a href="mailto:nurses@wellchild.org.uk">nurses@wellchild.org.uk</a> Tel- 0845 458 8171
Jack and Jill Foundation - <b>Ireland</b>	<a href="http://www.jackandjill.ie">www.jackandjill.ie</a> Tel- +353 45 894538/660
UK- free wheelchair skills mobility courses	<a href="http://www.go-kids-go.org.uk">www.go-kids-go.org.uk</a> Tel- 01273 606404
Travel advice during the Olympics	<a href="http://www.tfl.gov.uk/gettingaround/london2012/21787">www.tfl.gov.uk/gettingaround/london2012/21787</a>
Home Start practical support	<a href="http://www.home-start.org.uk">www.home-start.org.uk</a> Tel-0800 0686368
<b>Legal</b>	
Irwin Mitchell	<a href="http://www.irwinmitchell.com">www.irwinmitchell.com</a> Tel-0800 023 22 33
Kings Financial Advice	<a href="http://www.mortgageadvicebureau.com">www.mortgageadvicebureau.com</a> Tel- 01376 320999
Pannone Solicitors	<a href="http://www.pannone.com/contact">http://www.pannone.com/contact</a> Tel-0800 840 4929

## Holidays and Respite

Blitz Holiday	<a href="http://www.bondhotel.co.uk/index.php/funding-options.html">http://www.bondhotel.co.uk/index.php/funding-options.html</a> Tel-01253 341218
Hotels Combined Information of accessible accommodation	<a href="http://www.hotelscombined.com/Accessible">http://www.hotelscombined.com/Accessible</a>
Over The Wall Activity Camps	<a href="http://www.otw.org.uk">www.otw.org.uk</a>
Wheelie Easy Hotels Information regarding hotel access/amenities	<a href="http://www.wheelie-easy-hotels.com">www.wheelie-easy-hotels.com</a>
Zoe's Place Hospice for under 5's	<a href="http://www.zoes-place.org.uk">http://www.zoes-place.org.uk</a>
Scotland's Children's Society - Short breaks etc	<a href="http://www.aberlour.org.uk/">www.aberlour.org.uk/ -</a>
Happy Days funds & organizes holidays, trips and days out for young people with special needs	<a href="http://www.happydayscharity.org">www.happydayscharity.org</a>
Disabled Holiday Directory	<a href="http://disabledholidaydirectory.co.uk">disabledholidaydirectory.co.uk</a> Tel-0800 993 0796
Jack and Jill Foundation - Ireland	<a href="http://www.jackandjill.ie">www.jackandjill.ie</a>
Cedar Foundation - Northern Ireland	<a href="http://www.cedar-foundation.org">www.cedar-foundation.org</a> Tel- 028 90387040

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There are a number of links from this website to sites maintained by other groups. These links are provided purely to seek to assist you, and in good faith. The presence of a link does not necessarily imply that Brainwave endorses or supports those other groups, nor does the absence of a group imply that Brainwave does not support it.

**Please contact one of our Family Facilitators if you would like to find out more about Brainwave.**

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