

HELP PLAN A NEW SERVICE FOR CHILDREN

A chance to help shape a new support service for children and young people who have learning disabilities and mental health needs.

SATURDAY, 10 MARCH 10.00-12.00 At a venue in Huddersfield to be confirmed

CAMHS – the Child and Adolescent Mental Health Service – in Kirklees are planning a new support service for children and young people who have a learning disability and also have difficulties with their mental health.

The service will work with children/young people aged 3-19 with any level of learning disability who are experiencing difficulties with their mental health such as depression or anxiety or concerns about self harm. The service will look at the child/young person's whole circumstances including education, social activities and levels of support, and work with the child/young person and their family and carers to create working care plans which link with other services and deliver support in a more co-ordinated way.

The CAMHS team would like to work with parents to plan the new support service and how it will fit with their lives and those of their children. At the session, we'll talk about

- where the hotspots are for parents in supporting their children on a day to day basis as they grow up
- what kinds of support parents would most need from the new service
- what would signal to parents that the new service is working well.

If you're a parent of a child or young person with learning disabilities and you are, or have been, concerned about their mental health, it would be great to see you. After the session, you'll get feedback to tell you how parents' views have been used.

Childcare is available, and needs to be booked in advance, and your travel expenses can be met. To let us know you are coming, and to let us know if you need childcare, please return the attached booking form to info@pcankirklees.org by Friday March 2nd. If you have any questions, please call PCAN on 07754 102336.