



**Cloverleaf**  
*Advocacy*

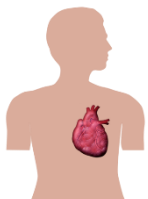
FREE 2.5 hr Basic First Aid Awareness Training for adults with a learning disability in Kirklees .



We are lucky to have been offered free some training from Yorkshire Ambulance Service,



This training will help people understand:



\*How to recognise a Suspected Heart Attack



\*How, when and why to perform Cardio Pulmonary Resuscitation (CPR)

\*How to perform Hands-Only Chest Compressions (CPR)



\*How, when and why to place an Unconscious Breathing person into the Recovery Position



\*How to recognise and deal with a Choking Situation



\*How to deal with a Suspected Stroke (FAST)



\*How to deal with Life-Threatening or Serious Bleeding/



How to help someone having a seizure.

All Attendees will get a Certificate and a free CPR face shield.  
Everyone should have the chance to be able to help others. **Only 20 places available.**

Huddersfield Methodist Mission, Lord Street, Huddersfield.

Thursday 12<sup>th</sup> April: 11 am – 2pm including lunch.

To book email [sarah.roberts@cloverleaf-advocacy.co.uk](mailto:sarah.roberts@cloverleaf-advocacy.co.uk)

Or Call 07710020235