

Name of service/organisation:

Carers Direct

Description: Carers Direct is an NHS service offering information, advice and support for carers. Their website provides information on areas such as;

- a practical guide to caring
- money and legal issues
- your wellbeing
- work and study
- young carers
- chat to advisor online

In addition to their website, there is a free helpline – lines are open 9 am to 8 pm Monday to Friday, 11am to 4 pm weekends.

Client group intended for:

Anyone in a caring role

Phone number: 0808 802 0202

Email address: Go to the webpage below and follow the link to the right of the page

Website: <http://www.nhs.uk/carersdirect/Pages/CarersDirectHome.aspx>



PCAN

HELP FOR PARENTS AND CARERS

PCAN Pages

Really useful information for parents of children with additional needs in Kirklees

Website www.pcankirklees.org Call 07754 102336 Email info@pcankirklees.org