

Name of service/organisation:

Kirklees Active Leisure

Description: Kirklees Active Leisure (KAL) is the charitable trust which manages 12 major sports centres and swimming pools on behalf of Kirklees Council. Below is an guide outlining KAL's facilities, please do contact your local site before you visit as facilities do vary from site to site:

- **Swimming:** KAL centres offer a wide range of swimming sessions from pay and play i.e. fun swims, general, length & Public swims to pay in advance swimming sessions (please see below). Many of KAL sites offer specially designed disability changing rooms and pool hoist. Please check the facilities on offer with your local centre.
- **Climbing:** Huddersfield Sports Centre has an indoor climbing wall that can be used by competent climbers. An induction is needed to ascertain competency or climbing courses are available.
- **Badminton, Squash and Table tennis:** A number of our centres of badminton courts for hire. Please contact your local centre.
- **Mixed Ability Cycling:** Spenborough Pool & Sports Centre – cycling for people of all ages and abilities (see separate information page 'Streetbikes').
- **Sports Hall:** Most of KAL's centres have a mixture of 3, 4, 6 or 8 court sports halls available for hire. Typically they are currently hired for 5 a side, Netball etc. Please contact your local centre for prices and availability.
- **Gyms:** KAL offer a wide range of different membership options for 16 years and over. Please contact your local centre for more information.

Activities: KAL strive to try to ensure all our sessions are open to all. However, please contact your local site to see if the activity on offer is suitable for your ability.

- **Swimming Lessons:** KAL offers learn to swim lessons from 6 months plus. Some sites offer lessons tailored to participants with a disability. Please contact your local centre for further information.
- **Climbing:** Huddersfield Sports Centre offers a range of learn to climb courses. For example Rock Monkeys (see separate entry).
- **Gymnastic:** KAL centres deliver Gymnastics coaching and follow the British Gymnastics Award scheme. Please contact your local centre for more information.
- **KAL Kickers:** is a football coaching award scheme aimed at children aged 5 years. Please contact your local centre for more information.
- **Teen Gym:** Aimed at children 13 -15 years old. Our instructor led sessions teach young people the technique and theory behind fitness training, in a fun and safe environment.
- **Get into Sport:** This project offers a wide range of discounted sport sessions. Sessions range from Archery, kids fitness to parent and toddler sessions and multi-



ACTIVITIES & LEISURE

PCAN Pages

Really useful information for parents of children with additional needs in Kirklees

Website www.pcankirklees.org Call 07754 102336 Email info@pcankirklees.org

sport activities.

To take advantage of the discount, a KAL card is needed. Please visit www.kirkleesactive.co.uk/energise or contact KAL Sport Development on 01484 234127.

- **Junior memberships:** KAL have a junior membership which allows access to pay and play sport sessions and some swim sessions. Please contact your local site for further information.
- **Fitness classes:** Our sites offer a wide range of fitness classes to 16 years plus. These include Zumba, Pilates, Yoga etc. Please contact your local centre for more info.

Contact details:

A list of Kirklees Active Leisure Centres and further information about facilities can be found at: www.kirkleesactive.co.uk

Batley Baths & Recreation Centre

Cambridge Street
Batley
West Yorkshire
WF17 5JH

Telephone: 01924 326167

Email: batley.baths@kirklees.gov.uk

Batley Sports and Tennis Centre

Windmill Lane
Howden Clough
Batley
West Yorkshire
WF17 0QD

Telephone: 01924 326181

Email: batleysports+tc@kirklees.gov.uk

Colne Valley Leisure Centre

New Street
Slaithwaite
Huddersfield
West Yorkshire
HD7 5AB

Telephone: 01484 222522

Email: colne.valleylc@kirklees.gov.uk

Deighton Sports Arena

Deighton Road
deighton.sportsarena@kirklees.gov.uk
Huddersfield
West Yorkshire
HD2 1JP

Telephone: 01484 221799

Email:



ACTIVITIES & LEISURE

PCAN Pages

Really useful information for parents of children with additional needs in Kirklees

Website www.pcankirklees.org Call 07754 102336 Email info@pcankirklees.org

Dewsbury Sports Centre

Longcauseway
Dewsbury
West Yorkshire
WF12 8EN

Telephone: 01924 325020

Email: dewsbury.sc@kirklees.gov.uk

Holmfirth Pool and Fitness Centre

Huddersfield Road
Holmfirth
West Yorkshire
HD9 3JL

Telephone: 01484 222440

Email: holmfirth.pool@kirklees.gov.uk

Huddersfield Sports Centre

Southgate
Huddersfield
West Yorkshire HD1 1TW

Telephone: 01484 223630

Email: huddersfield.sc@kirklees.gov.uk

Lockwood Park Health & Fitness Club

Lockwood Park
Brewery Drive
Huddersfield
HD4 6EN

Telephone: 01484 429000

Scissett Baths

Wakefield Road
Scissett
Huddersfield
West Yorkshire
HD8 9HU

Telephone: 01484 222907

Email: scissett.baths@kirklees.gov.uk

Spensorough Pool and Fitness Complex

Bradford Road
Liversedge
West Yorkshire
WF15 6LW

Telephone: 01274 335140

Email:

spensorough.pool@kirklees.gov.uk

Stadium Health and Fitness Complex

Stadium Way
Huddersfield
West Yorkshire
HD1 6PG

Telephone: 01484 234110

Email: stadium.pool@kirklees.gov.uk

Whitcliffe Mount Sports Centre

Telephone: 01274 335130

**ACTIVITIES & LEISURE****PCAN Pages**

Really useful information for parents of children with additional needs in Kirklees

Website www.pcankirklees.org Call 07754 102336 Email info@pcankirklees.org

Turnsteads Avenue
Cleckheaton
West Yorkshire
BD19 3AQ

Email:
whitcliffe.mountsc@kirklees.gov.uk

(Kirklees Council and the Federation of Disability Sports Organisations have produced a guide about Sport and Physical Activity available for disabled people in Kirklees available at: <http://www.kirklees.gov.uk/community/guideForDisabled/SportsPhysicalActivityDirDisPeople.pdf>)



ACTIVITIES & LEISURE

PCAN Pages

Really useful information for parents of children with additional needs in Kirklees

Website www.pcankirklees.org Call 07754 102336 Email info@pcankirklees.org