

Name of service/organisation:

Groundwork – Green for go!

Description:

Community charity **Groundwork** run free outdoor activity sessions for people in Kirklees aged 18yrs + which include activities such as caring for allotments, growing food, making planters or bird boxes and may include some community improvement projects.

They welcome people with a range of needs, including learning difficulties, mental health needs and physical disabilities. The project aims to support participants to learn new skills, gain confidence, stay active and socialise.

Session times are 10am – 3pm on:

Mondays – at the Paddock Village Trust Community allotments in Huddersfield

Thursdays – at Crow Nest Park, Dewsbury

For further information please visit the [Green for Go website](#) or contact Becky Houlding on 01132380601 for details. (Please note at the time of posting this project has funding up to July 2015.)

Client group intended for:

People aged 18yrs+ with a disability or long term illness.

Phone number: 01132 380601

Email address: Rebecca.houlding@groundwork.org.uk

Website: www.greenforgokirklees.org.uk

Address:



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Really useful information for parents of children with additional needs in Kirklees

Website www.pcankirklees.org Call 07754 102336 Email info@pcankirklees.org

Main Contact: Becky Houlding



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